TOWARDS A THANKFUL LENT

O praise the Lord, all you nations; praise him, all you peoples.

For great is his steadfast love towards us, and the faithfulness of the Lord endures for ever.

Psalm 117

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4: 4-7

Praise to you, Lord Jesus Christ, for all the benefits you have won for use, for all the pains and insults you have born for us. Most merciful redeemer, friend and brother, may we know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

St. Richard of Chichester

Gracious and holy Father, give us wisdom to perceive you, intelligence to understand you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate on you, and a life to proclaim you; through the power of the Spirit of Jesus Christ our Lord. Amen.

St. Benedict of Nursia

Lord, thou that hast given so much to me, Give one thing more, a grateful heart.

George Herbert

Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:17-17

O the love of my Lord is the essence of all that I love here on earth. All the beauty I see he has given to me, and his giving is as gentle as silence

Ev'ry day, ev'ry hour, ev'ry moment have been blessed by the strength of his love. At the turn of each tide he is there at my side, and his touch is as gentle as silence.

There've been times when I've turned from his presence, and I've walked other paths, other ways; but I've called on his name in the dark of my shame, and his mercy is gentle as silence.

Estelle White

God be in my head, and in my understanding; God be in my eyes, and in my looking; God be in my mouth, and in my speaking; God be in my heart, and in my thinking; God be at my end, and at my departing.

From the Sarum Primer